

# ProgressNotes

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## Medical Executive Committee Approvals

Items approved at the last Medical Executive Committee meeting can be viewed by using this website link and selecting the particular month: <https://www.torrancememorial.org/for-providers/medical-executive-committee/>

If you have any questions, please contact the Medical Staff Services Department at (310) 517-4616.

## Announcements

### Respiratory Season is Here – Time to Get Your Flu Shot

The Medical Executive Committee has adopted the Torrance Memorial Medical Center flu vaccination policy for the 23/24 flu season. This year the flu vaccine is required for everyone entering the medical center.

There will be open clinics where you may receive the vaccine, schedule attached. Once you receive your vaccination, please take a picture of your documentation, and email it to [Denise.Fritz@tmmc.com](mailto:Denise.Fritz@tmmc.com).

Please submit your vaccination documentation no later than 11/10/23 to avoid suspension of your privileges. If you plan to submit an exemption request for review, the deadline is 10/20/23. No late forms will be accepted. Please contact Medical Staff Services for religious accommodation and medical exemption request forms.

## FLU SHOTS ARE HERE!

\*Mandatory for all active employees, physicians, and volunteers.  
Deadline to receive your flu shot is NOVEMBER 10, 2023



Should you have any questions, please do not hesitate to contact the Medical Staff Services Department at (310) 517-4616.

CLINIC DATES		
Thurs. 9/21/23 1030-1530 Employee BBQ Tues. 9/26/23 0730-1130 Auditorium Wed. 9/27/23 0730-1130 HCC 1-2 Thurs. 10/5/23 1300-1600 HCC 1-2 Thurs. 10/12/23 0730-1130 HCC 1-2 Thurs. 10/26/23 0730-1130 HCC 1-2 Thurs. 11/2/23 1300-1600 HCC 1-2 Thurs. 11/9/23 0730-1130 HCC 1-2	EVENING clinics Tues. 10/3/23 1630-2030 Yang's Cafe Thurs. 10/19/23 1630-2030 Yang's Cafe Tues. 11/7/23 1630-2030 Yang's Cafe	WEEKEND clinics Sat. 10/14/23 1600-2030 HCC 1-2 Sat. 11/4/23 1600-2030 HCC 1-2

## Announcements

### WELCOMING FALL SOCIAL GATHERING



**WHO:** Torrance Memorial Medical Staff/Allied Health Professionals

**WHEN:** Monday, October 2, 2023

**WHERE:** King's Harbor Yacht Club  
280 Yacht Club Way  
Redondo Beach, CA 90277

**TIME:** 6:00 to 9:00 PM

COMPLIMENTARY FOOD AND DRINK – **RSVP 310-517-4616**

**PLEASE WEAR YOUR TORRANCE MEMORIAL ID BADGE**

## Announcements



An Affiliate of  
Cedars  
Sinai

Lundquist Lurie  
Cardiovascular  
Institute



Save the date:  
**OCTOBER 20**

## Torrance Memorial Women's Heart Symposium 2023

*For Physicians and Healthcare Professionals Only*

*To Support the Vision of the  
Lundquist Lurie Cardiovascular Institute*

**Friday, October 20, 2023**

Breakfast/Registration: 7 am to 7:45 am

Conference: 8 am to 12:30 pm

Torrance Memorial Hoffman Health Conference Center

3315 Medical Center Drive, Torrance, CA 90505

### **FEES:**

Torrance Memorial, Cedars-Sinai, Huntington Health Physicians, Nurses & Employees - \$50

Non-Torrance Memorial and Cedars-Sinai Health System Physicians, Nurses & Employees - \$75



Learn more at  
[TorranceMemorial.org/WomensHeartSymposium](https://TorranceMemorial.org/WomensHeartSymposium)

## Announcements

### American Society of Anesthesiologists Consensus-Based Guidance Recommends Stopping Glucagon-like Peptide (GLP-1) Receptor Agonists Prior to Surgery

Glucagon-like peptide-1 (GLP-1) receptor agonists are approved by the Food and Drug Administration for the treatment of type 2 diabetes mellitus, cardiovascular risk reduction, and for weight loss. Recent reports have raised concerns regarding the potential delay in gastric emptying caused by these drugs, which could increase the risk of gastric content aspiration during general anesthesia.

The Society is recommending a precautionary approach by advising healthcare providers to suspend the use of GLP-1 agonists on the day of surgery for patients taking daily doses, and one week prior to surgery for those on a weekly dosing regimen.

It is advisable to inform patients about this recommendation and order suitable alternative treatment for glucose management as needed.

Generic Drug	Brand Name	Dosing Frequency	Hold Time to Surgery
Albiglutide (Not available in the US)	Tanzeum®	SQ injection weekly	7 days prior
Dulaglutide	Trulicity®	SQ injection weekly	7 days prior
Exenatide (ER)	Bydureon®, BCise®	SQ injection weekly	7 days prior
Exenatide (IR)	Byetta®	SQ injection twice daily	Day of surgery
Liraglutide (3 mg)	Saxenda®, Victoza®	SQ injection daily	Day of surgery
Lixisenatide	Adlyxine® (Canadian)	SQ injection daily	Day of surgery
Semaglutide	Ozempic®, Wegovy®	SQ injection weekly	7 days prior
Semaglutide	Rybelsus®	Oral daily	Day of surgery
Insulin Degludec and Liraglutide	Xultrophy®	SQ injection daily	Day of surgery
Insulin Glargine and Lixisenatide	Soliqua®	SQ injection daily	Day of surgery
Tirzepatide	Mounjaro®	SQ injection weekly	7 days prior

SQ = subcutaneously

#### Reference:

American Society of Anesthesiologists (ASA) Task Force on Preoperative Fasting; Jung 29, 2023; [American Society of Anesthesiologists Consensus-Based Guidance on Preoperative Management of Patients \(Adults and Children\) on Glucagon-Like Peptide-1 \(GLP-1\) Receptor Agonists | American Society of Anesthesiologists \(ASA\) \(asahq.org\)](https://www.asahq.org/clinical-guidance/american-society-of-anesthesiologists-consensus-based-guidance-on-preoperative-management-of-patients-adults-and-children-on-glucagon-like-peptide-1-glp-1-receptor-agonists)

# Oktoberfest

## PHYSICIAN LUNCHEON

Please join us for our upcoming hosted\*

**Physician Dining Room Luncheon**

**THURSDAY, OCTOBER 5**

**from 11am to 2pm**

**\*NO OUT OF POCKET COST**

# Tour of China

## PHYSICIAN LUNCHEON

Please join us for our upcoming hosted\*

**Physician Dining Room Luncheon**

**THURSDAY, OCTOBER 19**

**from 11am to 2pm**

**\*NO OUT OF POCKET COST**

## Medical Staff Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b>	<b>3</b> 12:30p Infection P&T Committee	<b>4</b> 7:00a CV Review	<b>5</b> 7:00a Multi-D Breast Tumor Board 7:45a General Tumor Board 12:30p MSPi	<b>6</b> 7:00a Thoracic Tumor Board 7:00a Surgery Department 12:00p Neurovascular Case Conf.
<b>9</b> 12:30p Credentials Committee 12:30p Integrative Med Strg 5:00p Physician Resiliency	<b>10</b> 8:00a TCU Committee 12:30p Donor/Transfusion 6:00p Medical Executive Committee	<b>11</b> 7:00a CV Review 7:00a Anesthesia PI 12:30p C-Section	<b>12</b> 7:00a Multi-D Breast Tumor Board 7:00a Cardiac PI 7:45a General Tumor Board	<b>13</b> 7:00a Thoracic Tumor Board 7:00a Gastroenterology 7:00a General Surgery Subcom
<b>16</b> 7:30a IRB Committee	<b>17</b> 7:00a Practitioner Well Being 12:30p EDIE Patient Care Comm 12:30p HIM	<b>18</b> 7:00a CV Review	<b>19</b> 7:00a Multi-D Breast Tumor Board 7:45a General Tumor Board 8:00a Hunt Cancer Inst Strg 9:00a Emergency Department 12:30p Pediatric Department	<b>20</b> 7:00a Thoracic Tumor Board 8:00a Mgmt of Localized/Locally advanced prostate cancer Zachary Zumsteg, M.D. (Cedars) Commercial Support: None
<b>23</b> 12:30p Antibiotic Stewardship	<b>24</b> 7:00a Breast Program 12:30p OB/GYN Department	<b>25</b> 7:00a CV Review	<b>26</b> 7:00a Multi-D Breast Tumor Board 7:45a General Tumor Board 8:00a Family Practice 12:30p Credentials Committee 1:00p Stroke 5:00p Bariatric Surgery Subcomm	<b>27</b> 7:00a Thoracic Tumor Board
<b>30</b>	<b>31</b> 7:00a Surgery Advisory Committee 	<b>1</b>	<b>2</b>	<b>3</b>

## CME CONFERENCES



**Wednesdays, 12:30 p.m.**  
**Hoffman Health Conference Center**

Torrance Memorial Medical Center is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians.

Torrance Memorial Medical Center designates this live activity for a maximum of 1 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

For up-to-the-minute conference information call (310) 784-8776 or visit: [http://www.torrancememorial.org/For\\_Physicians/Wednesday\\_CME\\_Conferences.aspx](http://www.torrancememorial.org/For_Physicians/Wednesday_CME_Conferences.aspx)

### October 4, 2023

*“Management of the Combative Patient”*

Diane Birnbaumer, M.D.  
 Harbor-UCLA Medical Center  
 Commercial Support: None

### October 11, 2023

NO CONFERENCE

### October 18, 2023

*“Routine Cancer Screening”*

Maryam Rahimi, M.D.  
 UCI School of Medicine  
 Commercial Support: None

### October 25, 2023

NO CONFERENCE

### November 01, 2023

*“Uterine Cancer: Updates in Diagnosis and Treatment”*

June Hou, M.D.  
 Columbia University Irving Medical Center  
 Commercial Support: None

### November 8, 2023

NO CONFERENCE

### November 15, 2023

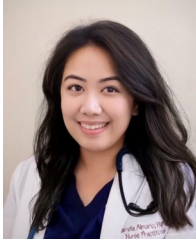
NO CONFERENCE

### November 22 & 29, 2023

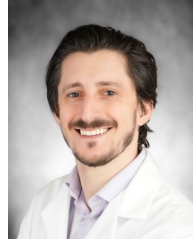
NO CONFERENCE



## Welcome New Practitioners



**Pamela Y. Almario, NP**  
**Nurse Practitioner Medicine**  
Digestive Care Consultants  
23451 Madison St. 290  
Torrance, CA 90505  
Phone: (310) 375-1246  
Fax: (310) 802-6073



**Sinan R. Denny-Brown, MD**  
**Pediatric Cardiology**  
Pacific Cardiovascular Associates Medical Group  
2841 Lomita Blvd., Suite 200  
Torrance, CA 90505  
County: Los Angeles  
Phone: (877) 430-7337  
Fax: (714) 445-0245



**Kevin A. Bonilla, MD**  
**Anesthesiology**  
Torrance Anesthesia Medical Group, Inc.  
3330 Lomita Blvd. - Anesthesia Office  
Torrance, CA 90505  
Phone: (310) 517-4759  
Fax: (310) 517-4658



**Celso L. Diaz, MD**  
**Cardiology**  
UCLA Health Torrance Specialties  
3500 Lomita Blvd M100  
Torrance, CA 90505  
Phone: (310) 517-8578  
Fax: (310) 517-8588



**Timothy T. Bui, MD**  
**Anesthesiology**  
Torrance Anesthesia Medical Group, Inc.  
3330 Lomita Blvd. - Anesthesia Office  
Torrance, CA 90505  
Phone: (310) 517-4759  
Fax: (310) 517-4658



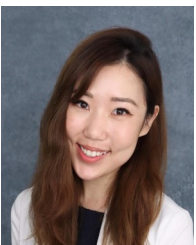
**Roberto Gomez, MD**  
**Neurology**  
Cedars Sinai Department of Neurology  
127 S. San Vicente Blvd, A6600  
Los Angeles, CA 90048  
Phone: (310) 423-6472  
Fax: (310) 784-4878



**Audrey S. Chen, MD**  
**Psychiatry**  
Torrance Memorial Physician Network  
3400 Lomita Blvd., Suite 104  
Torrance, CA 90505  
County: Los Angeles  
Phone: (310) 517-1262  
Fax: (310) 517-1277



**Cho R. Kim, MD**  
**Internal Medicine**  
Torrance Memorial Physician Network  
3333 Skypark Drive, Suite 100  
Torrance, CA 90505  
County: Los Angeles  
Phone: (310) 784-6300  
Fax: (310) 784-6341



**Jessica Choi, MD**  
**Teleneurology**  
Cedars-Sinai Medical Center,  
Dept of Neurology  
127 S. San Vicente Blvd. Advanced Health  
Sciences Pavilion, Sixth Floor, A6600  
Los Angeles, CA 90048  
County: Los Angeles  
Phone: (310) 423-6472  
Fax: (310) 784-1903



**Ian S. Lehrer, DDS**  
**Oral/Maxillofacial Surgery**  
Dr. Ian Lehrer  
6360 Wilshire Blvd Suite 403  
Los Angeles, CA 90048  
Phone: (323) 653-9440  
Fax: (323) 653-3586

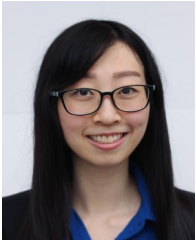


**Tyler S. Cole, MD**  
**Neurosurgery**  
Cedars-Sinai Neurosurgery  
23560 Crenshaw Blvd., Suite 101  
Torrance, CA 90505  
Phone: (310) 517-7022  
Fax: (310) 539-1050



**Tyler Leppek, MD**  
**Emergency Medicine**  
Torrance Emergency Physicians, Inc.  
3330 Lomita Blvd. - Emergency Dept.  
Torrance, CA 90505  
Phone: (310) 325-9110  
Fax: (310) 784-3789

## Welcome New Practitioners



**Lingshu Liu, MD**  
**Anesthesiology**  
Torrance Anesthesia Medical Group, Inc.  
3330 Lomita Blvd. - Anesthesia Office  
Torrance, CA 90505  
Phone: (310) 517-4759  
Fax: (310) 517-4658



**Stephanie Teixeira, MD**  
**Teleradiology**  
Vision Radiology  
2825 Oak Lawn Ave, Unit 192749  
Dallas, TX 75219  
County: Dallas  
Phone: (510) 683-9500  
Fax: (877) 880-2039



**Angud S. Mehdi, MD**  
**Critical Care, Neurology**  
2841 Lomita Blvd., Suite 235  
Torrance, CA 90505  
Phone: (310) 517-8950  
Fax: (310) 326-6054



**Justin W. Tiulim, MD**  
**Oncology Hematology**  
Torrance Memorial Physician Network -  
Cancer Care  
3285 Skypark Dr  
Torrance, CA 90505  
Phone: (310) 750-3300  
Fax: (310) 328-1060



**Benjamin Q. Nelson, MD**  
**Anesthesiology**  
Torrance Anesthesia Medical Group, Inc.  
3330 Lomita Blvd. - Anesthesia Office  
Torrance, CA 90505  
Phone: (310) 517-4759  
Fax: (310) 517-4658



**Gautam Vangipuram, MD**  
**Ophthalmology**  
Beach Cities Retina  
555 Pier Ave., Suite D  
Hermosa Beach, CA 90254  
Phone: (815) 342-1739  
Fax: (310) 374-4850



**Kevin S. Nishida, MD**  
**Anesthesiology**  
Torrance Anesthesia Medical Group, Inc.  
3330 Lomita Blvd. - Anesthesia Office  
Torrance, CA 90505  
Phone: (310) 517-4759  
Fax: (310) 517-4658



**John F. Pham, MD**  
**Pediatrics**  
Ohana Pediatrics  
23560 Madison St. Suite 205  
Torrance, CA 90505  
Phone: (424) 622-5437  
Fax: (424) 310-0331



**Jonathan Sung, MD**  
**Nephrology**  
Internal Medicine and Nephrology Medical  
Group Inc  
3291 Skypark Drive  
Torrance, CA 90505  
Phone: (310) 325-4517  
Fax: (310) 325-1144

# Physician/AHP Roster Updates

## Address Changes

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### David W. Berman, M.D.

Pediatrics  
California Kids Pediatrics South Bay  
23530 Hawthorne Blvd. Suite 260  
Torrance, CA 90505  
Phone: (424) 322-9866  
Fax: (424) 866-8764

### John T. Brothers, DDS, M.D.

Oral Surgery  
Dental Implants GPS  
9735 Wilshire Blvd. Suite 400  
Beverly Hills, CA 90212  
Phone: (949) 867-7033

### Azin Shahryarnejad, M.D.

1000 Sepulveda Boulevard Suite 230  
Manhattan Beach, CA 90266  
Phone: (310) 726-9072  
Fax: (310) 726-9075

### Shintau Lin, M.D.

Torrance Memorial Physician Network -  
El Segundo  
2110 East El Segundo Suite 200  
El Segundo, CA 90245  
Phone: (310) 517-7030  
Fax: (310) 893-0428

## Resignations

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### Dong W. Chang, MD

Hospitalist

### Megan R. Linnebur, MD

Colon and Rectal Surgery

### Dan K. Sakamoto, MD

Ophthalmology

### Eugene C. Yeh, MD

Hospitalist

## Retirements

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None

## Leave of Absence

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None

The Medical Staff Newsletter **ProgressNotes** is published monthly for the Medical Staff of Torrance Memorial Medical Center.

### Oren Zaidel M.D.

*Chief of Staff*

### Layne Kelley, MA, CPHQ, CPMSM

*Director, Medical Staff Services &  
Performance Improvement*



**Medical Staff Services**

3330 Lomita Boulevard  
Torrance, CA 90505  
Phone: (310) 517-4616  
Fax: (310) 784-8777  
[www.TorranceMemorial.org](http://www.TorranceMemorial.org)



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MONTHLY  
MEDICAL  
STAFF  
NEWSLETTER

# ProgressNotes

